







STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Asthma	Bank	Boat	Carpool
65,000 lost school days due to asthma related absences each year in Maine	Lung disease	Video store	Tractor	Walk more often
37,500 lost work days due to asthma related absences each year in Maine	Irritate lungs		Dirt bike	Keep tires properly inflated to reduce gas consumption
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Headaches	Dunkin Donuts	Car	Set air conditioners no lower then 72 degrees
Everyday we each take about 20,000 breaths	Throat irritation	Grocery store	Train	Keep cleaning supplies tightly sealed

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37,500 lost work days due to asthma related absences each year in Maine	Lung disease	Video store	Lawnmower (riding)	Set air conditioners no lower than 72 degrees
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Aggravated respiratory conditions	Dunkin Donuts	4-wheeler	Don't idle vehicle
1 out of 5 children suffer from asthma	Asthma		Subway	Ride a bike more often
Everyday we each take about 20,000 breaths	Dizziness	Post office	Truck	Keep tires properly inflated to reduce gas consumption
Vehicle or mobile sources contribute more than 50% of our air pollution emissions here in Maine	Irritate lungs	Picking someone up	Helicopter	Keep all vehicles tuned up and running effectively

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Everyday we each take about 20,000 breaths	Heart disease	Warming up/cooling off vehicle	Dirt bike	Keep tires properly inflated to reduce gas consumption
37,500 lost work days due to asthma related absences each year in Maine	Increased risk of hospital visits	Picking someone up	Motorcycle	Keep all vehicles tuned up and running effectively
1 out of 5 children suffer from asthma	Lung disease		Tractor	Keep cleaning supplies tightly sealed
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Irritate lungs	Gas stations	Subway	Use cleaning and paint products that pollute less often
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Headaches	Library	Airplane	Carpool

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65,000 lost school days due to asthma related absences each year in Maine	Lung disease	Grocery store	Jet ski	Be energy sufficient at home
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Dizziness	Schools (picking up or dropping off students)	Snowmobile	Keep all vehicles tuned up and running effectively
Everyday we each take about 20,000 breaths	Irritate lungs		Truck	Walk more often
Vehicle or mobile sources contribute more that 50% of our air pollution emissions here in Maine	Asthma	Gas stations	Motorcycle	Keep tires properly inflated to reduce gas consumption
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Can cause chest pain	Cumberland Farms	Car	Set air conditioners no lower then 72 degrees

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Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Dizziness	Post office	Airplane	Carpool
37,500 lost work days due to asthma related absences each year in Maine	Irritate lungs	Library	Tractor	Be energy sufficient at home
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Heart disease		Subway	Use cleaning and paint products that pollute less often
65,000 lost school days due to asthma related absences each year in Maine	Headaches	Fast food restaurants	Bus	Set air conditioners no lower then 72 degrees
Vehicle or mobile sources contribute more than 50% of our air pollution emissions here in Maine	Breathing difficulty	Gas stations	Tractor trailer truck	Keep tires properly inflated to reduce gas consumption

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13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Throat irritation	Gas stations	Boat	Use cleaning and paint products that pollute less often
65,000 lost school days due to asthma related absences each year in Maine	Breathing difficulty	Fast food restaurant	Dirt bike	Keep cleaning supplies tightly sealed
1 out of 5 children suffer from asthma	Can cause chest pain		Bus	Keep tires properly inflated to reduce gas consumption
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Fatigue	Dunkin Donuts	Subway	Be energy sufficient at home
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Increased risk of hospital visits	Video store	Airplane	Walk more often